Internal Problem for Critical Theory?

One of the main theses of critical theory seems to be that all theories are historically embedded, that they can only ever have a kind of ‘internal validity’—internal, that is, to the culture or time or place in which they developed.

But then shouldn’t this apply to this thesis of critical theory itself? When will critical theory’s day have come and gone?

The whole issue brings up the importance of defining the notion of culture (or whatever it is with respect to which theories have their (what?—truth, meaning, relevance, validity …)). Since Aristotle’s theories were accepted for 2000 years in Europe, are we talking here about one long “culture” of those theories?